



## WHAT IS VITA 4-IN-1

- VITA 4-in-1 consists of stabilized hypochlorous (HOCl). HOCl is a unique, nontoxic and biocompatible natural chemical produced by our own white blood cells (neutrophils) as part of our own natural immune system.
- VITA 4-in-1 is free of skin sensitization and irritation.
- International scientific studies have proven that HOCl kills ALL viruses, bacteria, bacterial spores, yeasts, fungi and prions, even the most hospital resistant pathogens, and yet HOCl remains 100% safe .
- A large proportion of infections (including COVID-19) begin their infection routes through the upper respiratory tract (nasal and oral passages).
- VITA 4-in-1 has been scientifically proven to support our own natural immune system for the treatment of all viral and bacterial infections in the upper respiratory tract (URT) such as colds, flu's, sinusitis, oral ulcers, etc.
- VITA 4-in-1 is 100% safe, 100% non-toxic, 100% effective and 100% natural.

## BENEFITS OF REGULAR USE OF VITA 4-IN-1

VITA 4-in-1 is a saline product with nontoxic, natural ingredients and is biocompatible with our own immune system offering highly effective antimicrobial properties. International scientists claim that microbes have not built a resistance to VITA 4-in-1, unlike with antibiotics. Other benefits include:

1. Reduced URT infections
2. Reduced need for and dependency on antibiotics
3. Reduced costs of medical treatment
4. Product is highly suitable for immune compromised patients
5. Reduced cross contamination and infection

## INGREDIENTS

Hypochlorous (HOCl) 0.01 - 0.02%  
ph 5 - 6.9

## IDENTIFICATION

Colourless solution with mild chlorine smell and taste.

## DOSAGE

Use as is, do not dilute.  
Use as directed.

## SIDE EFFECTS

There are no known side effects of VITA 4-in-1.  
VITA 4-in-1 is a natural, non-toxic and biocompatible product.

## KNOWN SYMPTOMS OF OVERDOSE

There are no known adverse symptoms of overdose of VITA 4-in-1.

## STORAGE

VITA 4-in-1 must be stored in a dark cool place below 25°C.  
Keep out of direct sunlight at all times.  
Recap after use.

- **100% natural and 100% safe**
- **May be used during pregnancy and breast feeding**
- **Non habit forming**
- **Can be used as often as necessary**

## HOW TO USE VITA 4-IN-1

1. Mouth wash - oral rinse
2. Gargle
3. Nasal and sinus irrigant/flush
4. Face and hand spray and sanitiser

## SUCCESSFULLY TESTED ACCORDING TO:

- SANS 52176 & 53727 (Bactericidal 99.999%)
- SANS 51650 & 53624 (Fungicidal 99.99%)
- SANS 53704 (Sporicidal 99.9%)
- SANS 54476 (Virucidal 99.9999%)

## NRCS REGISTRATION:

NRCS/8054/295288/157



SABS 1853:2020/11226/17598  
SABS 1828:2017/11226/17599

## RECOMMENDATIONS FOR USE OF VITA 4-IN-1 RELATED TO UPPER RESPIRATORY TRACT (URT) INFECTIONS

It is important to use VITA 4-in-1 as directed and to begin application as soon as possible. The product is safe to use as often as needed. The aim of the application is to disrupt the proliferation of pathogens so as to reduce the pathogenic load and the subsequent inflammatory response.

| APPLICATION                    | USAGE   | REPITITIONS  | COMMENTS  |
|--------------------------------|---|--|---|
| <b>ORAL RINSE</b>              | Begin with swirling and rinsing out the mouth.  | Preferably every 2 hours.  | No adverse reaction has been reported due to accidental swallowing. |
| <b>GARGLE</b>                  | Gargle for a full minute at a time. Repeat gargle 3 times in one treatment session. Gargle as deep into the throat as possible.   | Repeat gargle treatment session for a minimum of five times daily. The product may be gargled as regularly as every 2-3 hours.                             | No adverse reaction has been reported due to accidental swallowing. |
| <b>NASAL IRRIGATION</b>        | Thoroughly irrigate both nasal passages. Repeat 3 times for each nostril. For best results ensure that inside of the nasal passages is well irrigated. It is important that the VITA 4-in-1 product reaches the whole surface area of the nasal passages. | Repeat nasal irrigation with each gargle session, with a minimum of five times daily. The nasal passages may be irrigated as regularly as every 2-3 hours. |   |
| <b>FACIAL &amp; HAND SPRAY</b> | VITA 4-in-1 must be sprayed onto the face and hands as regularly as possible.   | As often as possible.  |   |



**In the unlikely event of any adverse reaction to VITA 4-in-1, please cease treatment immediately and contact your supplier or seek medical advice.**

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## MANUFACTURED BY

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For further information on usage, application and efficacy, please visit our website at [www.vita4in1.com](http://www.vita4in1.com)

